

Dr. Rajinder Kour



Designation - Assistant Professor

Department- Education

College- Govt. P.G. College of Education , Canal Road, Jammu.

Area of specialization – Educational Psychology

Experience – 30 years(16 years in Khalsa College of Education
& 14 years in Govt. College of Education)

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❖ EDUCATIONAL QUALIFICATION

M.Sc.(Zoology)

B.Ed & M.Ed.

Ph.D.(Education)

❖ **PRESENT POSTING** – Govt. P.G. College Of Education, Canal Road, Jammu.

❖ ORIENTATION

- Participated in UGC sponsored 4 week orientation programme held from 27- 07- 2010 to 23-08-2010 at University of Jammu and obtained A grade.
- Participated in Two days orientation programme of Academic Counsellors under IGNOU Reginal Centre Jammu on 15th & 16th September, 2012 and completed the programme successfully.

❖ REFRESHER COURSES

- Participated in refresher course in the subject '*Human Development and child care (behavioural science, education, home science and women studies)*' from 09-02-2010 to 01-03-2010 and **obtained grade A.**
- Participated in the refresher course in the subject '*Education*' from 06-12-2010 to 25-12-2010 and **obtained grade A.**

❖ WORKSHOPS ATTENDED

- Attended **Online National mini Workshop cum Webinar on E-Content Development** on 16th Aug. 2020 organised GGM Science College. Cluster University, Jammu.
- Participated in **One day Workshop on “ Constructivism ”** organised by Govt. College Of Education, Canal Road , Jammu on 23rd march 2019.
- Organised a **Five days Workshop on the theme “ICT IN EDUCATION”** for secondary school teacher, under central sponsored scheme (CSS), MHRD, GOI. From 18th Dec. 2017 to 22nd Dec. 2017 at Govt. College of Education, Canal Road, Jammu.
- Organised **Five days Workshop on Disaster Management for Secondary School Teacher**, under Central Sponsored Scheme (CSS),MHRD, GOI. From 11th Dec. 2017 to 15th Dec. 2017 in Govt. College Of Education, Canal Road, Jammu.
- **Five days workshop for secondary school teachers on ‘Educational Administration’** under centre sponsored scheme from 02-02-2016 to 06-02-2016 as a organiser.
- **Four days National workshop on ‘Innovative activities with no cost low cost science teaching aids’** on 29th jan – 1st feb 2013 at Govt. College of Education, Canal Road, Jammu.
- **A Workshop on ‘ springboard women development ’** sponsored by British council from 4th august to 15th November 2007.

❖ PAPER PRESENTATION

- Presented paper on ‘*Gandhian Curriculum vis-à-vis contemporary world* ‘ at **International Conference on Revisiting the Virtues of Gandhian Philosophy : Relevance and Applicability in the 21st century** organised by university of Jammu in collaboration with Central University of Jammu and Sarvodaya International Trust, on 7th & 8th November 2019.
- Presented paper on ‘*Methods of teaching: Assessment for the traditional and Modern*’ at **one day International Seminar on theme – “ Educational Empowerment in Multi-Discipliness ”** held at S.B.H.S.M. Khalsa College of Education, Mahilpur, Punjab on 28th March 2018.
- Presented a paper on ‘*constructivstic approach in teaching*’ at **national seminar organised by Department of Education Univ. of Jammu** on theme **Innovative curriculum development practices in teacher education** -17th February 2017.
- Presented a paper on ‘ *Quality v/s Quantity in Higher Education*’ in **two day NAAC Sponsored National Seminar on theme- “ Quality Culture in Higher Education- The Road Ahead ”** held at Govt. P.G. College of Women Gandhi Nagar , Jammu on 25th & 26th Oct. 2016.
- Presented a paper on ‘*Attitude of Distant and Regular Learners towards Computer application in Education*’ in **two day NAAC Sponsored National Seminar on theme- “ Quality Culture in Higher Education- The Road Ahead ”** held at Govt. P.G. College of Women Gandhi Nagar , Jammu on 25th & 26th Oct. 2016.
- Presented a paper on ‘*Teacher Education and Internship*’ at **national seminar organised by Department of Education Univ. of Jammu** on 16th march 2016.

- Paper presentation on ‘ *Quality Assurance- A challenge to teacher education* ’ at **2 days national seminar on theme – “ Challenges of teacher education in the Millennium”** on 18th -19th April, 2015, Jammu.
- Paper presentation on ‘ *Job oriented courses: A need of the hour* ’ in **national seminar on Higher Education in J&K: Challenges and Prespectives** on 22nd and 23rd December, 2012 in Govt. Degree College, Kathua.
- Paper presentation on ‘ *Education for international understanding and peaceful co-existence* ’ in **National seminar- Role of Education in the building nation and blending its role in fraternity of nation for sustained peaceful co-existence** on 18th April 2012 in R.M. Charitable and Educational Trust, Jammu.
- Presented a paper on ‘ *Continuous and comprehensive Evaluation: Issues and Practices* ’ at **national seminar organise under SAP(UGC)** on 28th March 2012 at university of Jammu.
- Paper presentation on ‘ *Quality Assurance in teacher education* ’ at **national seminar on theme- “Transforming Teacher Education: Issues, Practices and Future strategies”** on 23rd – 24th March, 2012, in MIER college of Education , Jammu.
- Presented a paper on ‘ *Mentoring –A key to overall development* ’ at **national seminar on theme- “Innovations in Teacher Education”** in KCS college of Education (Women) on 17-03-2012.
- Presented a paper on ‘ *Gandhi and World Peace* ’ at **national seminar in Gandhian Centre for Peace and Conflict, Univ. of Jammu and Govt. Degree College, Paloura, Jammu** on 27th -28th February 2012.
- Presented a paper on ‘ *Climate change: Impact on Biodiversity* ’ at **International conference on Global Warming , at Govt. Degree College(boys) Udhampur** on 24th -26th February 2012.
- Presented a paper on ‘ *Green Earth* ’ at **Govt. College of women parade, Jammu under the Auspices of The Indian Science Congress Association (Jammu Chapter)** on 11th February 2012.
- Paper presentation on ‘ *Role of teacher: Inculcation of values* ’ in **National seminar** on 2nd February 2012 in B.N College of Education.
- Paper Presentation on ‘ *Challenges to teacher education in the present scenario* ’ in Govt. College of Education, on 23rd January 2010.

❖ RESEARCH PAPER

- Published paper entitled “**Attitude of my Teacher towards Mid-Day Meal Scheme in Relation with Gender and Locality**” In *International Journal of Research In Economics and social sciences (IJRESS)*.vol 8(2),Feb,2018. ISSN: 2249-7382. **Impact Factor: 6.939**.
- Published paper entitled “**A Study of Mental Health, Adjustment and Academic Achievement Among High School Students**. *Research Dimensions*. 3(9). ISSN: 2249-3867; January 2018. **Impact Factor: 5.1899(UIF)**.

- Published paper entitled “ **A Study of Attitude of Teachers towards Traditional and Modern Methods of Teaching**” in *International Journal of Research Pedagogy and Technology in Education and Movement Science (IJEMS)* 06(02), Dec.2017. ISSN: 2319-3050.
- Published paper entitled ‘**A Study of Emotional Intelligence and Home Environment Among Secondary School Students**’ in *Reviews of Literature*. 5(8), March-2018. ISSN-2347-2723. **Impact Factor: 3.3754(UIF)**.
- Published paper entitled ‘**Attitude of Higher Education Teachers towards E-learning**’ in *Review of Research*, 7(6). March 2018; ISSN: 2249- 894x. **Impact Factor: 5.2331(UIF)**.
- Published paper entitled ‘**A Study of Vocational Maturity Among Higher Secondary School Students**’ in *Research Directions*. 5(9). March-2018. ISSN: 2321-5488. **Impact Factor: 5.1723(UIF)**.

❖ **WEBINER, TRAINING AND DEVELOPMENT PROGRAMME**

- Participated in National Webinar on ‘*Yog as a Holistic Approach to Life*’ on 20th June 2020 organized by Govt. College of Education, canal road, Jammu.
- Completed 3 weeks faculty Development Program on “ *Effective use of online Teaching platforms, essentials of MS Office for Class Management, Poster & Brochure Designing*” organized by Govt. College of Education (IASE) Srinagar in collaboration with Scrollwell EduTech LLP from 1st Sept. 2020 to 21st Sept. 2020.
- Participated as Civil Defence Volunteer of Govt.College of Education, Canal Road, Jammu in **Civil Defence Training** from 25-2-2016 to 01-3-2016 by Directorate of Home Guards, civil Defence & SDRF J&K and passed successfully with Good remarks.
- Attended **One day teacher’s Teacher meet** – Developing Resource persons for National Level, Educational & Training Programmes on 14th Mar 2015 organised by Govt. College of Education, Canal Road, Jammu, under Centrally sponsored Scheme of Teacher Education of MHRD through Dept. of School Education. Govt. of J&K.

❖ **PUBLICAT ION**

A book published on ‘*Special and Inclusive school education: Development and promotion*’, published by Kanishka publication.

❖ **SERVED AS A**

- Acting as a resource person in DDE (Jammu univ.) in the field of education (B.Ed & M.Ed)
- Acting as a resource person in DDE(Kashmir univ.) in the field of education (B.Ed & M.Ed)
- Acting as a Programme incharge of IGNOU centre established in college.
- Acting as a academic counsellor under IGNOU for B.Ed and M.Ed.
- Acting as empanelled guide under IGNOU for guiding M.A (education) and M.Ed students for the completion of their dissertation work.
- Acting as a evaluator for conducting viva- voce of M.A(education) and M.Ed students for the completion of their dissertation work.

- Acting as a resource personnel for extension lectures in other B.Ed colleges related to practicum part of B.Ed.
- Acting as external examiner in theory and practice part of B.Ed.
- Acted as a paper setter in setting papers of Univ. Of Jammu as well as Univ.Of Kashmir.

❖ SUPERVISION OF DISSERTATION WORK / SYNOPSIS OF M.Ed STUDENTS FOR THE SESSION:

2007-2008

- ✓ A study of attitude of students studying in public schools towards homework.
- ✓ A study of test anxiety among higher secondary school students in relation to sociological variables.
- ✓ A study of attitude of higher secondary school girls towards HIV/AIDS.

2008-09

- ✓ A study of adjustment among adolescents studying in govt. and private schools of udhampur district.
- ✓ A study of academic stress among students studying in govt. and private schools of Samba district.
- ✓ A study of locality differences in the parent child interaction among private school teachers.
- ✓ A study of attitude of students studying in govt. schools towards homework in udhampur district.
- ✓ A study of participation and reservation of women in Panchayati raj: A case study of Reasi district.

2009-10

- ✓ A study of academic stress among students studying in govt. and private schools of Udhampur district.
- ✓ A study of attitude of working men towards women empowerment in Kathua district.
- ✓ A study of attitude towards AIDS among the higher secondary students in Kathua district.
- ✓ A comparative study of the reasoning ability among higher secondary school students in their commerce and science streams.

2011-2012

- ✓ A study of aggression among adolescents studying in urban area schools and rural area schools.

2012- 2013

- ✓ A study of attitude of school teachers towards inclusive education.
- ✓ A study of self-concept among low and high achievers of higher secondary students.
- ✓ A comparative study on academic stress of CBSE and JK BOSE secondary students.

2013-2014

- ✓ A study of attitude of university students towards library facilities in the Bhandarwah campus, Univ. of Jammu.
- ✓ A study of perception of college students towards Gandhian values.

2015-2017

- ✓ A study of attitude of teachers towards mid- day meal scheme.
- ✓ A study of attitude of teachers towards RMSA.
- ✓ A study of attitude of engineering students towards ragging.
- ✓ A study of attitude of B.Ed students towards reflective journal.

2017-2019

- ✓ A study of Life satisfaction of teacher trainees in relation to their mental health.
- ✓ A study of attitude of teacher trainees towards the participation of women in panchayati raj system.
- ✓ A study of teaching strategies of teachers of kendriya vidyalayas of jammu city.
- ✓ A study on decline in sex ratio in samba district.
- ✓ A study of use of social media in teaching learning process among the students of high schools.

2017-2020(Integrated B.Ed-M.Ed)

- ✓ A study of an attitude of college female students towards marriage.
- ✓ A study of depression and mental health among B.Ed students of Jammu city.
- ✓ A study on impact of superstitions on school going children belonging to urban and rural areas.
- ✓ A study of the relationship of general well- being among students with their home environment in Reasi.

2018-2020 (M.Ed)

- ✓ A study of attitude of working men towards women empowerment in samba district.
- ✓ A study of the relationship of self- esteem among students with their home environment in Udhampur.
- ✓ A study of career preferences among students of Jammu.
- ✓ A study of socio economic status of ST/SC students of high secondary schools.